

THE PERES CENTER FOR PEACE AND INNOVATION – FOR THE CHILDREN OF MOROCCO

The Peres Center for Peace and Innovation was founded in 1996 by the Ninth President of Israel, Shimon Peres, and is dedicated to advancing his vision of a prosperous Israel within a peaceful Middle East. The Peres Center is a leading non-profit NGO that, together with local, regional, and international partners, develops and implements cuttingedge programs serving hundreds of thousands of beneficiaries of all ages, religions, genders, and cultural backgrounds.





Hibuki, which translates as "my hug" in Hebrew, is an innovative therapeutic solution, developed in Israel by Telem during the Second Lebanon War, aiming to provide immediate and effective psychological aid to thousands of distressed children suffering from the trauma of war or natural disasters.

Studies have shown that Hibuki therapy is highly effective in reducing anxiety in children exposed to mass traumatic events.



Learn more about Hibuki here





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Children meet Hibuki, a stuffed toy, through a **skilled therapist** who utilizes play, art, or conversation to assist them in **expressing their experiences and initiating the healing process after trauma**. The intervention consists of **sessions with ongoing therapeutic support from professionals.**



Hibuki therapy has helped over 150,000 children around the world including Israel, Japan after the 2011 tsunami, and <u>emotionally distressed children during the war in Ukraine</u>.

The Peres Center for Peace and Innovation together with Hibuki, is offering mental health therapy support to the children of Morocco affected by the trauma of the recent earthquake.

We can offer our support by sending Hibuki toys, along with:

- 1. Providing remote training and certification in an innovative and effective methodology.
- 2. Sending volunteering phycologists and interrupters, to work with the children at the impacted areas.
- 3. Sending guides to provide physical professional training to local teams in the location of your choosing.

